

STEPS TO ASK YOURSELF BEFORE CALLING THE POLICE

Tompkins County, New York

Start Here!

is this an inconvenience?
can I put up with this and
be ok?

Yes

No

can I handle this on my
own? is this some-
thing I could talk out
with the person?

Yes

No

is there a friend,
neighbor, or someone
whom I could call to
help me?

Yes

No

could we use mediation
to talk through what
happened or could I call
an emergency
response hotline?

Yes

No

my community
and I handled the
situation!

If I call the police,
do I understand
how involving the
police can impact
me and the other
person?

Professional Resources

Mediation
Community Dispute Resolution Center, INC
(607) 273-9347

Mental Health
Suicide Prevention (800) 273-8255
Unity House (607)272-1741

Housing
Tompkins Community Action
(607) 273-8816

Victim/Sexual Assault Support
Advocacy Center (607) 277-5000

Adapted from SURJ NYC
for Tompkins County SURJ
More info at bit.ly/safetybeyondpolice